

# FEBRUARY 2012 NAJ FIRST TOUCH SESSION SIGN-UP

Our February session will begin on Monday, February 13<sup>th</sup> and will run through Wednesday, March 7<sup>th</sup>. This will be a four week program. Practices will be on Mondays and Wednesday for a total of 8 practices:

**SPACE IS LIMITED**

**PLEASE READ ALL OF THE INFORMATION BELOW!**

**LOCATION:** Mount Elden Middle School

**TIME:** M/W - 5:30 and 6:45 start times depending on your assigned group

**Returning Players:** Players will attend one 75 minute practice twice a week (5:30-6:45pm or 6:45-8:00pm). You will receive your start time when you confirm you are participating. Please send me an email so I know you will be at the first practice. It makes it difficult for our coaches to plan practice when players show up that they are not expecting. Cost: \$100 (same amount of practice time as a 10 practice program)

**New this session for returners: "REFER A FRIEND"** - if you get a friend to sign up you will receive \$10 off your session price for each friend referred. Please let your friend know to mention your name so the credit may be applied. This is only valid for NAJ First Touch participants who have attended a session between October 2011 and January 2012. Example: refer 3 friends who participate and your cost is only \$70.

If you have already participated in First Touch between October and January, we have all your current paperwork and will just need an email back confirming you would like to participate. If you have not done so, please log

into your USAV account and make sure you have selected “Northern Arizona Juniors” as your club.

**New Participants:** Girls and boys ages 7-14 welcome. You will attend a one hour practice twice a week for 4 weeks. Practice will run M/W from 5:30-6:30pm. The cost for this session will be \$80. Coaches will be assessing the skills of the new participants and in some cases, players may be re-assigned to another practice time. In the event that a player is reassigned and you accept, please be prepared to pay an additional \$20 for the increase in practice time. Below is some more important information that is needed to complete your registration with NAJ and USA Volleyball.

Includes:

- Coaching ratios of 5-7 players per coach
- Re-introduction and re-enforcement of basic volleyball skills
- Building to cooperative play and game like situations

New participants must have a current proof of USAV membership (<http://azregionvolleyball.org/info/join.html>), a medical release form (attached), and a concussion education form (attached) on file with NAJ. **PAPERWORK AND PAYMENT MUST BE RECEIVED PRIOR TO PARTICIPATION** (payments will be accepted on the first night but must be turned in before the session starts). Please contact me if you have any questions!

If you are new and would like to sign up, please reply to this email with the following information:

Players Name:

Players Age:

Players Grade:

Parents Name:

Parents Phone Number:

Parents Email:

You may call or email me with any questions - 928-273-1005 or [katykuhns@northernazjuniors.com](mailto:katykuhns@northernazjuniors.com)